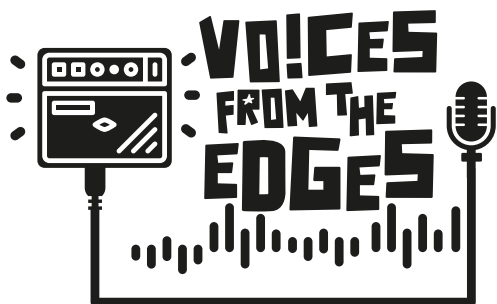


# VOICES SONGBOOK





## Finding a voice through music

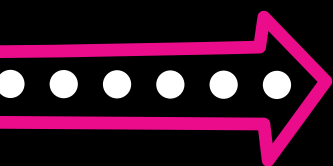
Voices From The Edges supports young people in Sussex to access and explore opportunities to create original music through playing instruments, singing, songwriting, production and live performance, increasing self confidence and developing music making skills.

Led by our team of experienced, published, touring musicians and producers, we create pop-up music studio environments in the community, full of different instruments and equipment to experiment with.

This project was funded by the Youth Music Trailblazer Fund and was delivered in partnership with Sussex Community Development Association.



**A CULTURE  
SHIFT  
PROGRAMME**



# VOICES SONGBOOK



This songbook has been produced to showcase 8 songs created by young people in Newhaven as part of the 2025 Voices From The Edges project.

All of these songs are original, created by these young people to reflect their ideas, feelings and experiences. The music is based around melodies, riffs, drumbeats and lyrics created collaboratively with the support of professional musicians, Tom Cook and Sam Baldwin.

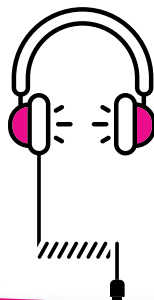
The artwork in this songbook has also been created by the young people to complement the songs.

And we also squeezed a photo shoot into one of our sessions!

We hope you enjoy these songs much as everyone involved enjoyed creating them.

Listen to the songs now via [Soundcloud](#) and for any further information about Voices From The Edges, email [info@cultureshift.org.uk](mailto:info@cultureshift.org.uk)

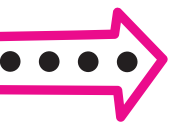
32 young  
musicians  
20  
original  
tracks



have a  
listen at:



[www.soundcloud/culture-shift-994911816](https://www.soundcloud.com/culture-shift-994911816)

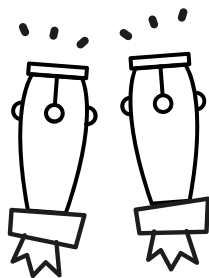


# VOICES SONGBOOK

Newhaven  
'25

## Young musicians

Pip, Maddox, Maddie, Ella, Josh, Brandon,  
Rosie, Faith, Tom, Joe, Sam, Sophia, Lullah, Lily,  
Martha, Louie, Sean, Jocelyn, Vinnie and Toby

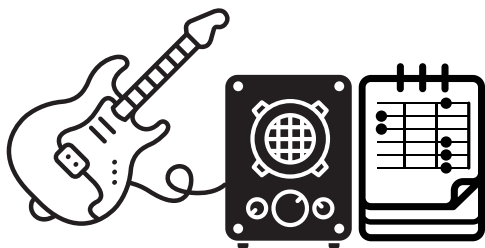


## Song list

- 1 In the Mud
- 2 I'm Confused
- 3 Singing Myself Too Sleep
- 4 Can't Stand the Pressure
- 5 Everytime I Walk This Road
- 6 Could you be Mine
- 7 Lies
- 8 Oh What a Mess I've Made

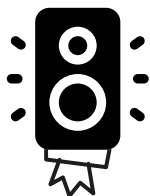
## Project support

Tom, Sam, Lewes, Heli, Julia,  
Luke, Clare, Meg and Suzi



[www.soundcloud/culture-shift-994911816](https://www.soundcloud.com/culture-shift-994911816)





stars fly  
from your eyes  
throughout the night  
blasting fire  
feeling things for you now  
fell deep inside  
my mind

oh could you  
be mine  
could our  
souls  
collide

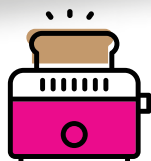
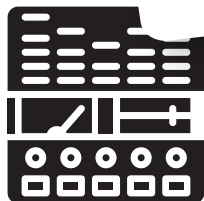


"I love how a song and a vibe  
can just appear from a group  
of complete strangers and  
then those strangers are  
unified within music."

"The young people worked really hard and came up with  
so much material so quickly. There was such a great  
feeling in the room every week - some people were  
exploring writing as a group for the first time and  
others honing their writing and performance skills."



"The mixture of ages and abilities was  
great - as some people got a feeling of  
where they could get to with more  
playing, while others enjoyed the wild  
creativity of people's first music."





I LOST MY SHOES  
THEY'RE IN THE MUD  
CAN'T FIND MY KEYS  
THEY'RE IN THE MUD  
WHERE'S MY SOUL



IT'S IN THE MUD  
SWIMMING WITH THE SHOAL



WE ARE IN THE MUD  
DEEP-SEA DIVING  
LIVING IN THE MUD  
WE'RE ALL HAPPY  
LIVING IN THE MUD



IT'S  
IN  
THE MUD





tell me what you need  
dreaming of some mead

maybe i can bleed

we can plant a seed  
hoping for a dream

living for the team  
having tea and cream  
we can plant a seed

i'm confused











SLEEPING ON A LONG DRIVE HOME

DREAMING OF MY BEDROOM PLAYING MY GUITAR

I WILL NEVER BE ALONE

WHEN I GO BACK HOME TONIGHT

SINGING MYSELF TO SLEEP  
SINGING MYSELF TO SLEEP  
SINGING MYSELF TO SLEEP  
SINGING MYSELF TO SLEEP



FEELING THE PRESSURE  
THE PUSH PULLS ME INTO THE BUSH  
RUNNING I'M LEAVING  
MY HAIRLINES RECEDING

CAN'T STAND THE PRESSURE  
PLEASE STOP DECEIVING  
CAN'T STAND THIS FEELING  
WON'T STAND DEFEATED

...ear, as the  
man said,  
can hold  
you prisoner.  
Hope can  
set you free.  
So why are  
so many  
in Britain  
currently  
chained  
by fear?

...and division in  
communities has taken  
hold across England  
over immigration this

...anti-immigration

...grown into  
side schools

I'm not racist. They  
are filling HMOs with  
illegal, unvetted men

TAXIN  
WEALTH IN  
THE BUDGET  
COULD  
SCORE THE  
CHANCELLOR  
A TRIPLE WIN

...scared

S  
C  
a  
T  
E  
d?

'ENERGY  
BILL RISE  
MADE ME FEEL SICK.  
I'D LIKE KEIR STARMER TO TRY  
LIVING IN MY  
BUNGALOW  
WHEN IT'S COLD'

'What is the  
meaning of  
this life that  
we have?'







**EVERYTIME I WALK THIS ROAD  
I SEE YOUR FACE  
INFRONT OF ME....  
INFRONT OF ME.....**

**EVERYTIME I CLOSE MY EYES  
I HEAR YOUR VOICE  
YOU'RE CALLING ME...  
YOU'RE CALLING ME.....**

**I CAN'T TEAR IT FROM MY BRAIN  
IT'S DRIVING ME INSANE  
EVERYTIME I HEAR YOUR VOICE  
IT CLEARS MY BRAIN  
IT CLEARS MY BRAIN.....**





stars fly  
by our eyes  
into the night  
catching fire  
feeling things for your soul  
fell deep inside my mind  
oh could you be mine  
could our souls collide

could you be mine  
could our souls collide

stars fly  
from your eyes  
throughout the night  
blasting fire  
feeling things for you now  
fell deep inside  
my mind

oh could you  
be mine  
could our  
souls  
collide





open your eyes  
deceived by goodbyes  
oh how i used to cry  
oh how you  
hurt me with your lies  
lies...  
lies....  
caught in your eyes  
oh i'm hypnotized  
living your lies  
i'm terrified  
you loaded your gun  
your bullets can run  
so you'd better go and hide....  
hide





OH WHAT A MESS  
I'VE MADE

look across  
the lonely road  
oh a home  
I've never known  
and I try  
to make sense  
of all the feelings  
in my head  
and I look outside  
at the bright new day  
oh what a mess  
I've made

taking pictures  
by the park  
people always  
want to talk  
saying things  
about the sky  
even though  
its bleak and dry  
rain is falling  
on my head  
prompting the things  
they've said  
oh what a mess  
I've made





# CULTURE SHIFT

WE CREATE



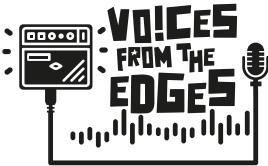
UPLIFTING  
CREATIVE  
EXPERIENCES



At Culture Shift we believe in the power of creativity to connect, uplift and transform.

We design, produce and deliver upbeat arts-powered experiences in communities across Sussex, for every sort of people.

We create programmes, events and festivals with creative oomph and social impact – inspiring positive shifts in individuals, groups and communities.



supporting young people  
in Sussex to explore and  
access music

**CULTURESHIFT.ORG.UK**

/voices-from-the-edges

project partners:

**YOUTH  
MUSIC**



@CULTURESHIFTC10



powered by creative



**DOOMP!**