## Being Our Best Selves in Sussex what we do and why

In order to evaluate the success and monitor the impact of project activity between 2022- 2025, we have created a Theory of Change framework which identifies the issues and challenges that the project is seeking to address, the specific methods and strategies we are delivering and impact we are aiming to have, by which the success of our project will be measured.

This framework has been co-created with our external evaluator, project management and delivery staff and our BOBS Brains steering group.

